EVENT DESCRIPTION SHEET

(To be filled in and uploaded as deliverable in the Portal Grant Management System, at the due date foreseen in the system.

⚠ Please provide one sheet per event (one event = one workpackage = one lump sum).)

PROJECT	
Participant:	REDE PORTUGUESA DE JOVENS PARA A IGUALDADE DE OPORTUNIDADES ENTRE MULHERES E HOMENS [REDE]
PIC number:	PIC: 949148590
Project name and acronym:	My Body is My Own — My body is my Own

EVENT DESCRIPTION				
Event number:	3			
Event name:	NATIONAL EVENT FOR PROFESSIONALS (PORTUGAL)			
Type:	Conference and workshop			
In situ/online:	In situ			
Location:	Lisbon, Portugal			
Date(s):	8th July 2023			
Website(s) (if any):	https://redejovensigualdade.org.pt/projetos/my-body-is-my-own-cerv-2022-citizens-civ/			
Participants				
Female:	27			
Male:	5			
Non-binary:	0			
From country 1 [PORTUGAL]:	32			
Total number of participants:	32	From total number of countries:	1	
Description				

Provide a short description of the event and its activities.

The aim of this event was to explore the connections between the pornographic industry and EU citizens' experience of sexuality today, particularly among young people. The event had this general aim because the influence of pornography on young people's experience of sexuality is an increasingly hot topic in public debate in feminist circles and schools in Portugal. Although Sex Education is mandatory in the country's schools, it is not actually responding to the needs of young people and fails to address their real concerns, curiosities, and doubts. At the same time, discussion about BDSM, Kinkshaming, vanilla sex and feminist pornography that lacks critical thinking perspectives is more and more common in public and mainstream debate in the public space, in the

media and in young people's imaginary.

This event was carried out in two phases: first there was a panel discussion with activists, researchers, experts and journalists with years of experience in social movements concerned with the analysis and construction of knowledge for feminist sexual education and the sexual politics of pornography. This panel was then followed by a workshop for journalists where participants were divided into groups to learn about inclusive, feminist media literacy and communication methods that promote gender equality when it comes to gender and sexuality related issues.

The event set itself the following goals:

- Open up a safe space in which people can take part in collective debate in an informed and critical way about sexual and reproductive health and rights, and thus dismantle myths and taboos about sex education and the fundamental rights of women and girls.
- Promote synergies between journalists and activists to combat disinformation about sex education and sexual health and reproductive rights by reinforcing media literacy and critical debate that promotes correct information. All this so that women and girls can make conscious, well-informed decisions when it comes to claiming their fundamental rights.
- Analyse the relationship between the pornography industry and EU citizens' experience of sexuality and discuss media literacy and communication methods that promote equality. In particular, explore kink shaming and feminist pornography phenomena to learn about what they can teach us about the eroticization of violence in the media and in the public space.

The event was divided into two phases.

The first phase consisted of a panel composed of 5 speakers and a moderator who discussed the topics listed below before involving the public in a participatory debate.

- The history of anti-porn feminism and its challenges nowadays (speaker: young activist and project manager in a feminist platform- PpDM)
- Image Based Sexual Abuse and its relation to pornography and sexuality among young people (speaker: young activist and legal adviser)
- The phenomenon of Only Fans in Portugal the connection between this platform and pornography and labour exploitation of young women (speaker: young masters course researcher from the gender studies department at the university)
- The law promoting Sexual Education in Schools in Portugal the fundamentals of the law, the success and failure of its implementation and contemporary feminist demands regarding this law and how it should be promoted (speaker: former high school teacher, current researcher and university professor)
- The portrayal of sexuality and pornography in the media: a short diagnostic (speaker: young journalist and feminist activist).

The whole conference can be found here: https://www.instagram.com/p/CucPlfiLM12/

The second part of the event consisted in a practical workshop regarding media literacy that fosters gender equality, organised by a young activist who is a media and campaign manager in an international NGO. Participants were divided into 5 groups and each group had to: analyse and discuss a case study regarding media literacy and gender equality; draft a news article in accordance with the terminology and principles of feminist sexual education; put forward recommendations for media approaches to ethical and inclusive reporting on gender and sexuality related matters. Each group presented their work to the rest of the participants and a discussion in plenary followed each presentation. The workshop paved the way for the construction of a small Communication/ Journalist Network that is influenced and encouraged by REDE to report gender issues from a feminist perspective.

HISTORY OF CHANGES				
VERSION	PUBLICATION DATE	CHANGE		
1.0	01.04.2022	Initial version (new MFF).		