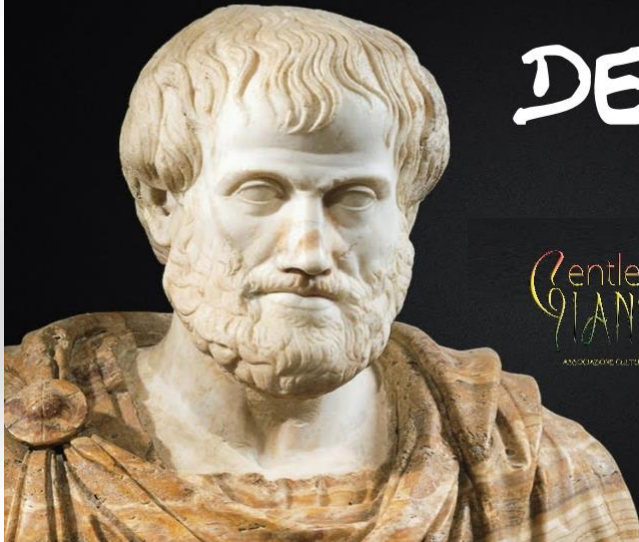




YOUTH EXCHANGE ERASMUS+

ERASMUS+ YOUTH EXCHANGE

Nyiregyhaza (Hu) 17-24 January



DEMOS
KRATOS



Apprendre l'anglais



"Demos kratos"

Nyiregyhaza (Hungary)

17 - 24 January 2023



PROJECT'S DESCRIPTION:

In these last years populism has grown in many European countries, in France, in Italy, in Greece, in Poland or in Germany, often also with a strong anti-European feeling, xenophobic and authoritarian characteristics. In 2017, Pope Francesco warned the Europeans saying that "populism leads to totalitarianism". Is democracy in danger? Is the European Union in danger? Another issue not to be underestimated is the recent past of our continent, a terrible world war ended in 1945 and the bloody communism of the Eastern European countries seem distant memories and people forget quickly. According with recent surveys, parties with a populism approach in Hungary have more than 60% of preferences among electors, in Romania is 25%, in Italy the far right party won easily the last 2022 elections and in Belarus (Europe) there is a 30 years old long dictatorship. And we even didn't mention what happened in Ukraine where the population proudly resist to the Russian aggression who want to destroy democracy and freedom in Europe.

- Project' objectives -

- to make young people in our local communities understand the importance of a democratic system and risks that populism can bring (authoritarianism, totalitarianism etc);
- to contribute to youngsters' understanding of the EU, its history, diversity and raise awareness of remembrance, common history and values and the aim of the EU;
- to increase the participants democratic dimension and feel them more European.

The project will touch and it will examine issues such as active citizenship, democracy, promote democratic participation of young people, increase their international dimension, raising awareness for social issues such as solidarity, respect, tolerance and sharpen tools such as dialogue, listening skills and empathy. The youth exchange, moreover, will lead participants to acquire a better knowledge of our recent past through analysis, debates, presentations and exchange of ideas and opinions that will serve to carry participants not only in a national dimension but even in the European one.

Through the planned activities, we will try to develop in the participants, competences like analytical skills and critical think, increase their sense of self-empowerment and self-esteem, to understand and to appreciate the diversities, to use the dialectic as proactive tool, transmitting to them the importance of non-formal methodology.



ORGANIZATIONS INVOLVED:

Hungary  : Kulturális Életért Közhasznú Egyesület




Italy  : Gentle Giant



Turkey  : Pi Youth Association



France  : Apprendre L'anglais



Poland  : Stowarzyszenie Aktywne Kobiety



PARTICIPANTS:

Twenty-five participants will take part in this exchange. Five for each organization include a group leader. Range age should be preferably from 20 to 26 years old, group leader age should be preferably between 30 and 50 years old. Group leader must have experience in youth mobility and be able to speak a good English.

Important, for the sending partners:

Due to the particular topic, we need extremely motivated participants.

We aren't looking for internet and social media addicted, lazy participants or people who believe that this project is an holiday paid by European Union.

We are looking for motivated people, willing to learn more about the topic, take part in every activity, open mind and eager to meet new people and cultivate new friendships!

Do not forget the participants will have the task of preparing their intercultural evening (we recommend bringing snacks, food, drinks and anything else, there is no possibility to cook!) and the presentation of their NGO.



LOCATION:



The youth exchange will be held in Nyiregyhaza, in Hungary.



Nyíregyháza is a city in northeastern Hungary and the county capital of Szabolcs-Szatmár-Bereg. With a population of 118,000, it is the seventh-largest city in Hungary and is one of the leading cities of Northern Hungary and of the northern part of the Great Hungarian Plain (Alföld). Its development has been ongoing since the 18th century, making it the economic and cultural center of the region.





ACCOMMODATION



The accommodation will be in the following hotel:

<https://korona-hotel.hu/>

Hotel Korona

4400 Nyíregyháza

Dózsa György ut. 1



As for your accommodation, you will be placed in four-bed rooms. Every room has a private bathroom and bed lines are included. Meals will be provided on the location of the project, located just a few metres from the hotel. All expenses as regards travel (according to the framework of Erasmus+), meals, accommodation and visa are provided by the program!

It is very simple to reach Nyiregyhaza.

If you are coming from Budapest, take the train from one of the two train stations (Budapest-Nyugati or Budapest-Keleti) in the city.

Otherwise, if you are coming directly from the Budapest airport there is a train stop very close to the airport. From the airport take the bus 200E and stop at "Ferihegy" and then take the first train to Nyiregyhaza. We will meet you in the Nyiregyhaza train station.

Here the website of Hungarian railway www.elvira.hu





REIMBURSEMENT:



The tickets have to be booked by the participants themselves.

In order to receive the reimbursement you need to provide hosting organisation with: bills, booking e-mail confirmations, original tickets, invoices and boarding passes (if you have online tickets and boarding passes in pdf, it is fine, if you do not have – we need all originals). Bring them for the activity!

- ▶ Reimbursement will be done in EUR within 5 weeks after the activity by bank transfer to your organization bank account.
- ▶ Reimbursement will be transferred only if all participants provide all needed documents and the group leader provide to fill the evaluation form.
- ▶ Participant is eligible to travel up to 3 days before OR after the activity days. Accommodation and food is not provided during your extra days.
- ▶ Participant cannot travel with first class. Only in certain cases is possible to use taxi or travel by car but you must contact the project coordinator first.

Following the Erasmus+ rules we remember you that max travel cost reimbursement is:

- Hungarians no travel reimbursement;
- Poland € 180,00/person
- Italy, France and Turkey € 275,00/person.

Turkey has also €150,00 for VISA costs per person if their participants need it.



INSURANCE:



We advise all participants that they will need to arrange their own travel insurance. European Health Insurance Card is mandatory to have.
<http://ec.europa.eu/social/main.jsp?catId=559>

PHOTOS AND VIDEO AGREEMENTS

We assume you are aware that this kind of projects are not only for direct participants itself but should be available to the bigger audience and all interested target groups, youth workers and NGOs. That is why we will take a lot of pictures of you and record videos with you during workshops. All mentioned will be posted on FB event, website of the project and Youtube channel.
By participating in the project, you are aware and you consent to the publication of photos and videos in which you are present.

CONTACTS:



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(coordinator/logisitc)
(facilitator)

