

Info Pack

MAD for Europe in Madrid is pleased to organize and host the youth exchange project

KA1 "HERstory: building and promoting intercultural understanding of gender equality in European society"

N° 2021-1-ES02-KA152-YOU-000008560

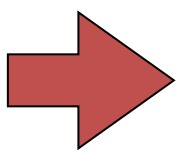
From the 31st of December 2021 to the 31st of December 2022

This project will be held in Madrid, Spain and will bring together **48 young people from 8 different countries**: Romania, France, Bulgaria, Portugal, Poland, Italy, Netherlands and Spain, aged between 16 and 30 years and, in addition, 8 leaders without age limit from 7 different countries. It would be great to involve participants with fewer opportunities, victims of geographic, social or economic obstacles.

If you are a participant of this event or a contact person for this project, please join the Facebook group:

<https://www.facebook.com/groups/837384370585491>

(ATTENTION! You should post ONLY information that concern the youth exchange on the wall of this group.
The Spanish NA will have a look at the group page when receiving the final report of this project.)



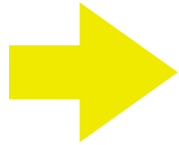
About the project

KA1 YOUTH: "HERstory: building and promoting intercultural understanding of gender equality in European society" aims to support young participants in an inclusive and reflective debate on the topic of gender equality. It will focus specifically on the narratives in which women have been placed, analysing their modern representation in the media, advertising and culture **to spread and communicate a social message, in order to build a creative space to promote an intercultural-dialogue.** With this project, we want to **support an open and intercultural dialogue between young participants from different countries**, allowing them to share stories, experiences and thoughts on the current situation.

Another important point is improving social activism through original tools to express ideas and opinions and this leads to the creation and promotion of a new public platform in order to improve the dialogue among young people. In this way they can share European values in international contest. They will manage skills and also improve their knowledge related to the world of gender equality, thanks to a non-formal education methods.

We've organized a series of activities, all related to the world of gender equality, that will be realized in a recreational environment, open spaces and outdoor places; all of them connected with the non-formal education of young people.

HAVE A LOOK AT KA1 HERSTORY FACEBOOK GROUP:
<https://www.facebook.com/groups/837384370585491>

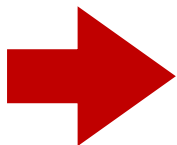


About the venue

Madrid is a **very open city** that attracts a lot of people from outside, **its great ambiente**, the always crowded streets and squares, terraces and bars have made it one of the most exciting cities across Europe. This trend leads from the Eighties with the so-called "**Movida**", living day and night any day of the week.

Madrid is also **home to the greatest museums** in Spain, first of all the Prado Museum, considered the largest art gallery in the world and for many experts also the place with more masterpieces per square meter, next to it you can find the Reina Sofia Museum and the Thyssen Bornemisza, and together they form the named Art Triangle. Walking through the animated Gran Vía Street, the Plaza Mayor, the Royal Palace or the Debod Temple, they make it inimitable!

Besides, Madrid is one of the **most liveable cities in the world**, being the safest of Spain.



Accommodation

The youth exchange activities will take place in the right city center of Madrid and its participants will be accommodated in the comfortable WAY HOSTEL MADRID of the City Centre District:
<https://wayhostelmadrid.com/en/>

Way Hostel is located in the right city center of Madrid and all the activities will be made by foot as everything is close! The area is full of shops, bars and lively marketplaces.

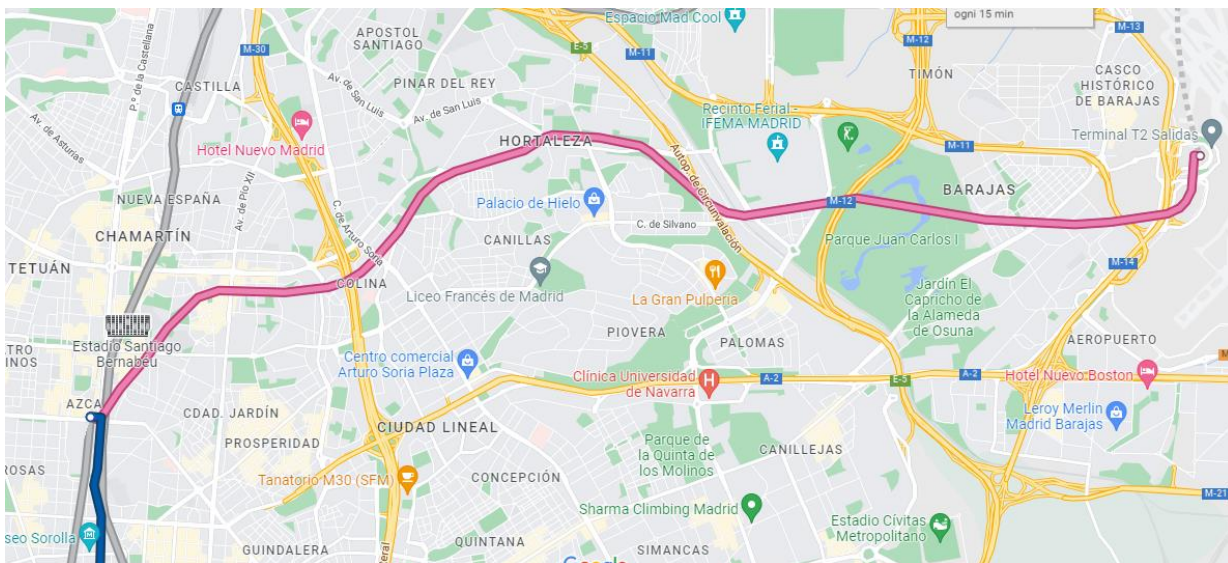
Rooms: Rooms of 2, 3, 4, 8 and 12 beds with shared bathroom. There's a big common kitchen and each room has a wardrobe for each person. There is Free-Wifi in the entire structure and there is also the common room, where make friends, watch the TV, or simply rest. All you have to do is walk in and enjoy



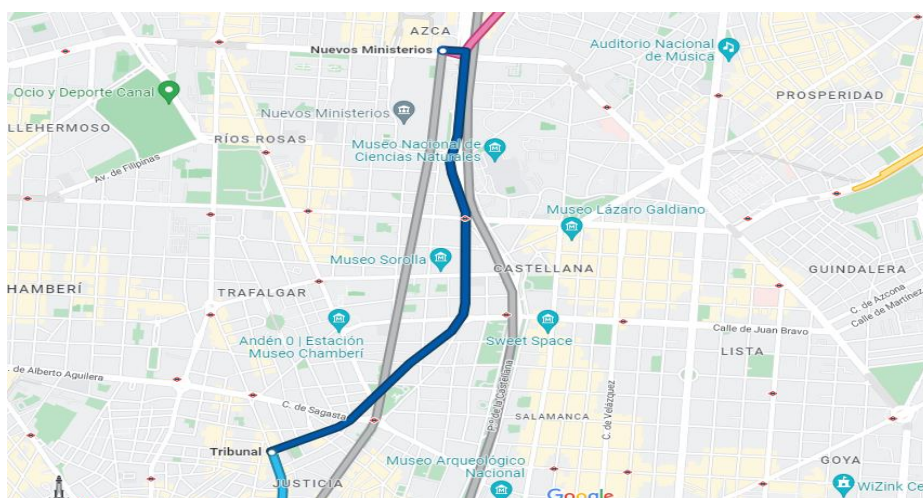


How to get there

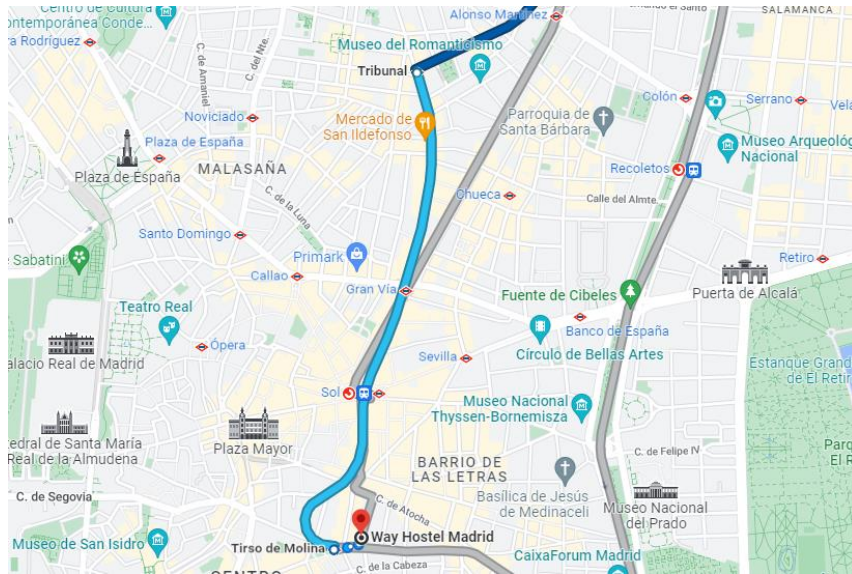
Once you arrive at Madrid-Barajas Airport, the more convenient transportation is the METRO. First you have to take the line 8 (the pink one) from the airport to Nuevos Ministerios stop. It's about 17 minutes and 5 stops.



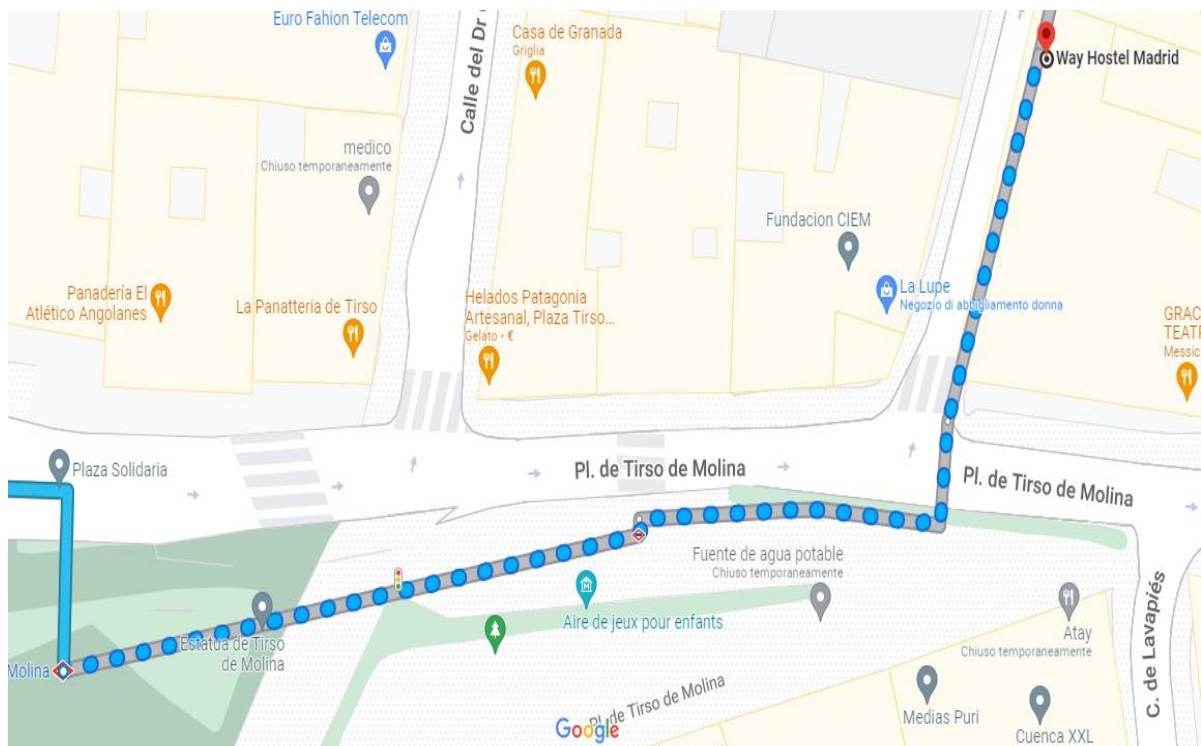
Then, from Nuevos Ministerios you have to take the line 10 (the blue one) to Tribunal stop. It's 3 stops and 5 minutes.



Finally, from Tribunal stop, you have to take the line 1 (the light blue one) to Tirso de Molina stop. It's about 3 stops and 4 minutes.

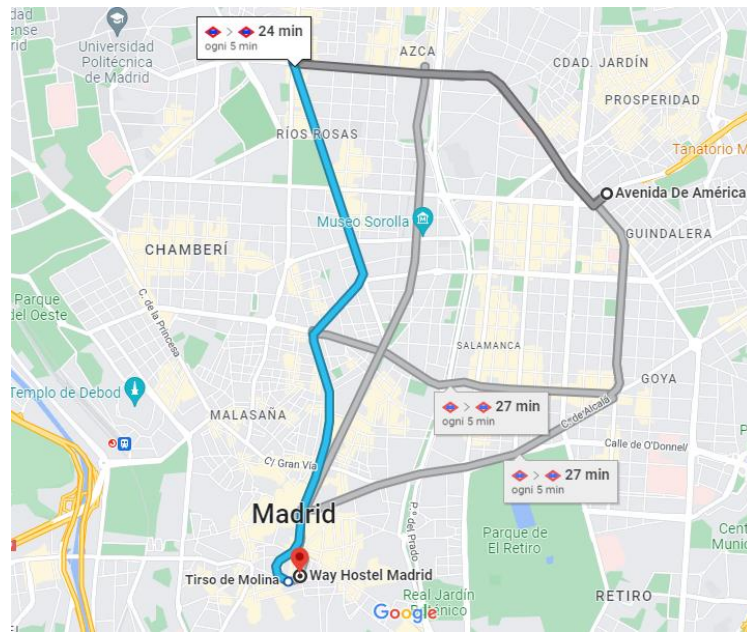


When you exit from the metro, Way Hostel Madrid is at 100 meters walking, as you can see from the map.



If you want, another option (that maybe could have longer times) could be taking the bus number 200 from the airport to Avenida de America stop.

From there, take the metro line number 6 (the grey one) to Cuatro Caminos stop. Then, from Cuatro Caminos, you have to take the metro number 1 (the light blue one) to Tirso de Molina stop. Finally, you can walk 100 meters and arrive at the Way Hostel Madrid.



Health and Travel Insurance

Health insurance is not provided. All participants are strongly advised to take private health or travel insurance individually.

EUROPEAN HEALTH INSURANCE CARD. The European Health Card is accepted in every country of the European Union. If you don't have it, you can get it easily. You should go to the office recharged with health affairs, and ask for your European Health Card. It's a little blue plastic card, and you can get it for free. It's valid in every EU country for 1 year. Or any other insurance is welcome.

Travel costs reimbursement

As you know this project is co-funded by the Spanish NA of the European Commission, which means we can only partially cover your travel expenses. For this project we will be able to cover expenses only up to the following limit:

Country

Budget

Romania	360€
France	275€
Bulgaria	360€
Netherlands	275€
Poland	360€
Italy	275€
Portugal	275€

(If paid expenses for your travel are less than this amount, you will be reimbursed only up to the total amount of your travel tickets)

After consulting our contact person within the National Agency, Reimbursement of travel costs will only be done upon full attendance of the exchange programme and presentation of the original tickets with boarding passes and all receipt/invoices.

Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice.

! Note: Please note if you bought your ticket in your local currency, which might be different than EUR, we will calculate your travel costs according to the exchange rates from official European Commission web-site for the month of ticket purchase

http://ec.europa.eu/budget/contracts_grants/info_contracts/inforeuro/index_en.cfm

!! Note: Please make the copies of your pass board, tickets and invoices before you come to the training.

In order for us to reimburse you must provide us with:

1. The original invoice of the flight ticket with clear mark of how much you have paid (If it is an electronic ticket, print the booking confirmation e-mail or print an electronic ticket from the Web site of the flight company or a travel agency), original train/bus or any other tickets (You must take your return train/bus ticket before the exchange starts in order to be reimbursed just after. Otherwise you will be reimbursed once you send your return tickets to MAD for Europe);

2. If you travel by plane, **ALL (!) the Boarding Passes <-- VERY IMPORTANT**

3. We need a photocopy of your I.D. **<-- VERY IMPORTANT**



Cultural events

Have you ever heard about Intercultural events? Country presentations? Well, in order for us to get know each other better and, most of all, to discover more about our different countries, we will set up cultural events to celebrate our diversity.

This means we will have **8 cultural events** (each of them dedicated to one project participant country) to present some characteristics of our country and culture, which we find relevant to present to others.

We are talking about food, music, dancing, drinks, images, videos, maps, etc. that may allow us to find out more about your country.

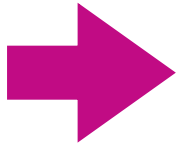
So please don't forget to bring **your flag** and other things that may allow us to see, listen or taste your culture (**typical food, drinks CD or pendrives with music typical for your country, quiz about your country, pictures, maps, and brochures about your country**).

2- WHAT ELSE TO BRING

- Sneakers and comfortable clothes for the open-air activities that are in the timetable;
- Blankets, sheets and pillows are provided at the hostels but **the bathroom towels and tea towels are not**. So, please bring your own towels.
- Cameras, laptops and other equipment making life and work easier (free Wi-Fi connection is available at the hostel).
- Minimum 1 laptop for country group.
- Good mood and open mind! ☺

3- ADDITIONAL INFORMATION

Please feel free to ask organizers any additional questions through Facebook group at the following link <https://www.facebook.com/groups/837384370585491> or at the email address katherine@madforeurope.org



Useful contacts

Project coordinating organization



MAD for Europe – Cultural Services and International Mobility:

Address: Calle Santa Engracia, 17, 28010 Spain

Tel.: +34 629 14 36 36

E-mail: ka1hesrtory@madforeurope.org

Web site: www.madforeurope.org



Accommodation where the youth exchange takes place



Way Hostel Madrid

Calle de los Relatores, 17, 28012 Madrid

+34 917 409 892

info@wayhostelmadrid.com

<https://wayhostelmadrid.com/en/>

**Looking forward to meeting
you all in Madrid!**

