



Co-funded by the  
Erasmus+ Programme  
of the European Union

# CONTACT MAKING SEMINAR



TOULOUSE



30 SEPT. - 05 OCT. 2020  
(TRAVEL DAYS EXCLUDED)



# PROJECT'S SCHEDULE

29th of July 2021

Online meeting with the project's coordinators

1st of September 2021

Deadline for the selection of the participants

29th of September 2021

Travelling to Toulouse

30th of Sept. -  
5th Oct. 2021

Contact-making  
seminar in Toulouse



6th of Oct. 2021

Travelling back to sending's organisation country

January 2022

Project's report AND dissemination

February 2022

Erasmus + call deadline

Project's dates  
01/03/2021 -  
28/02/2022

# GOALS OF THE PROJECT



**Define inclusion and  
exchange our working  
methods**



**Exchange good  
practices on inclusion**



**Create a network of  
organisations working on  
inclusion**

# PRACTICAL ARRANGEMENTS



Check-in time : after 17:00  
Check-out time : before 10:00

## The Venue

The project will take place in the south of Toulouse in a XVIIIth century Castle specially refitted to host seminars and trainings.

From 3 to 5 participants will need to share the same room, equipped with toilets.

The meals will be served at the Castle.

# REACHING THE PROJECT'S VENUE



## FROM THE AIRPORT

At the airport take the tramway

no. T2 until the stop "Arenes"

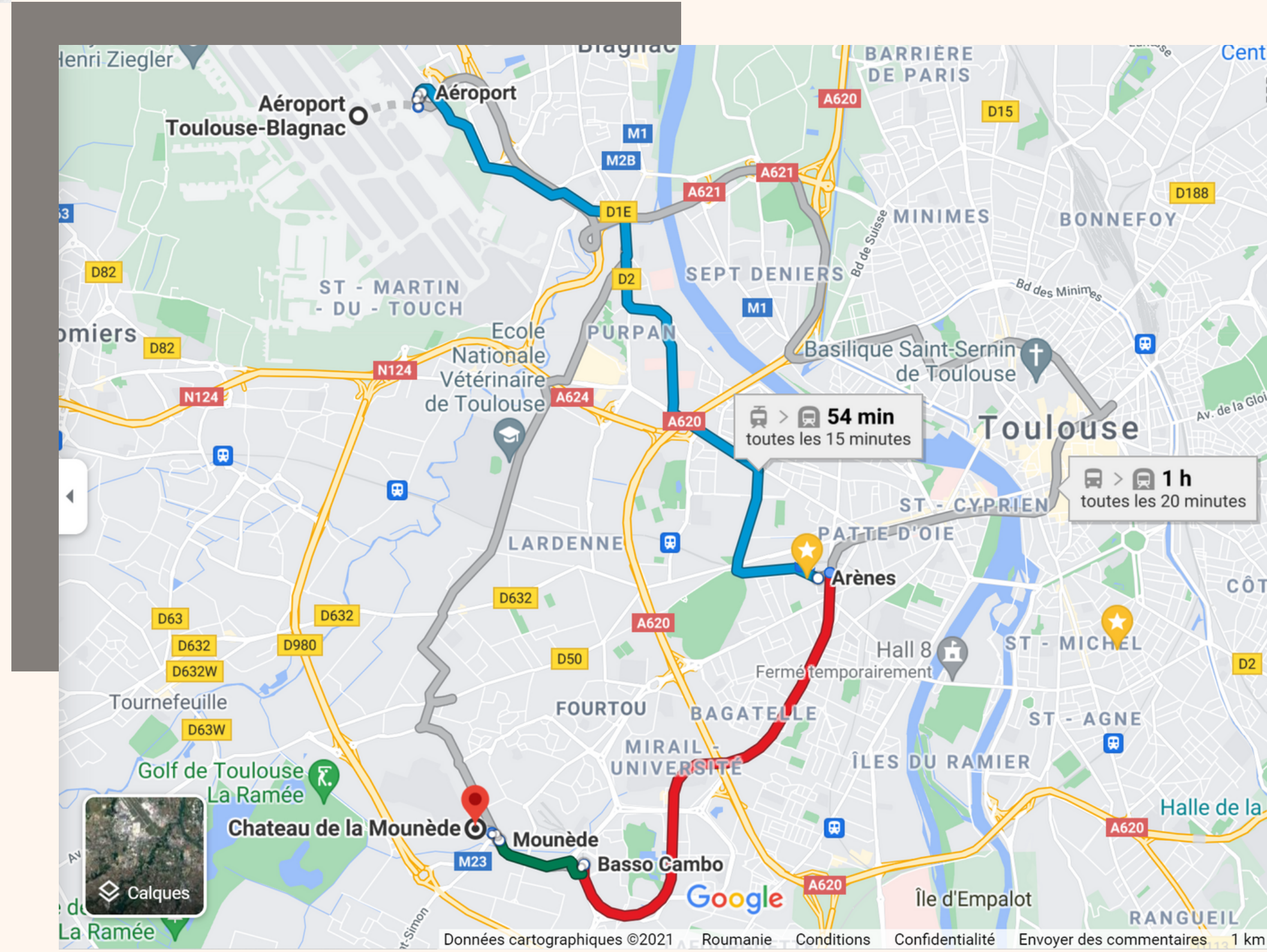
At the stop "Arenes" take metro A

until the stop "Basso Cambo"

At the stop "Basso Cambo" take

bus no. 21 until the stop

"Mounède"



# REACHING THE PROJECT'S VENUE:



## FROM THE CENTRAL TRAINSTATION

At the "Matabiau" trainstation

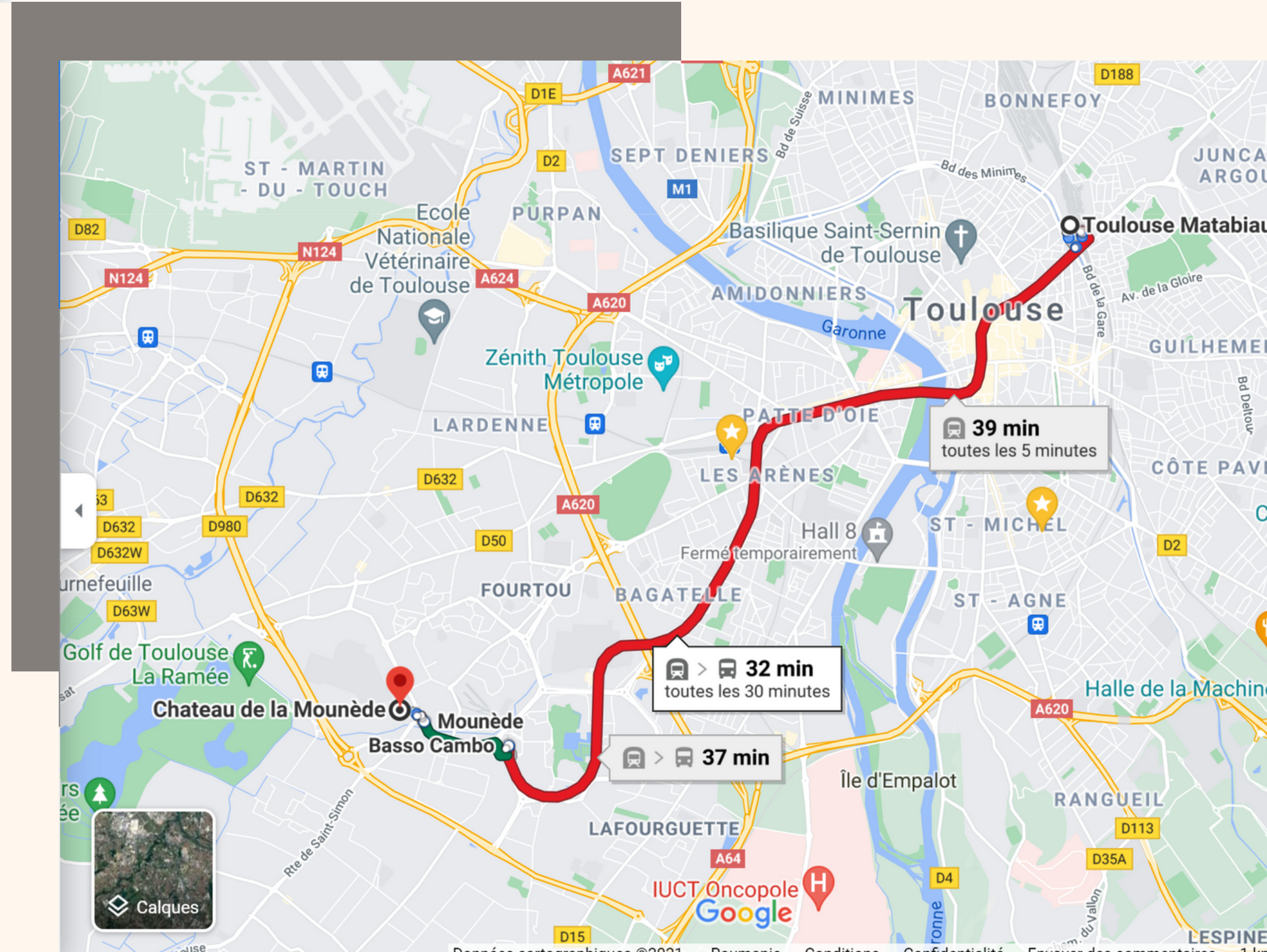
take **metro A** until the stop

"Basso Cambo"

At the stop "Basso Cambo" take

**bus no. 21** until the stop

"Mounède"



# TRAVEL REIMBURSEMENT



Aux couleurs du DEBA (FR)	3 participants	180 €/person
Jeunes européens Toulouse (FR)	4 participants	0 €/person
Action for people (RO)	3 participants	275 €/person
EKVALIS (MAK)	3 participants	275 €/person
"Aktyvus jaunimas" (LIT)	3 participants	360 €/person
Sójovem das Saibreiras (POR)	3 participants	275 €/person
SKEJ (SLO)	3 participants	275 €/person
Stowarzyszenie Aktywne Kobiety (POL)	3 participants	275 €/person

Closest airport  
Toulouse  
Blagnac

Please keep all invoices and boarding cards!

If you need a covid test, we can reimburse it within the travelling budget's limitations

# TRAVEL REIMBURSEMENT



In order to have your ticket reimbursed you need to:

- provide us the invoices and boarding passes
- travel from your country to Toulouse
- don't exceed 2 extra days in Toulouse before/after the project

If you have any question with travel





# SAFETY MEASURES

## The Must Have Documents :

- ID document : national ID/ passport
- Medical Insurance



## Regarding the Covid pandemic

- If there is one participant that wasn't vaccinated, mask will be mandatory for everyone during the project, except when meals will be served; also, the non-vaccinated participants will be provided with 2 antigen tests
- Body temperature will checked daily
- One sanitary kit will be provided to each participant at the beggining of the project

# WHAT YOU SHOULD BRING WITH YOU TO TOULOUSE



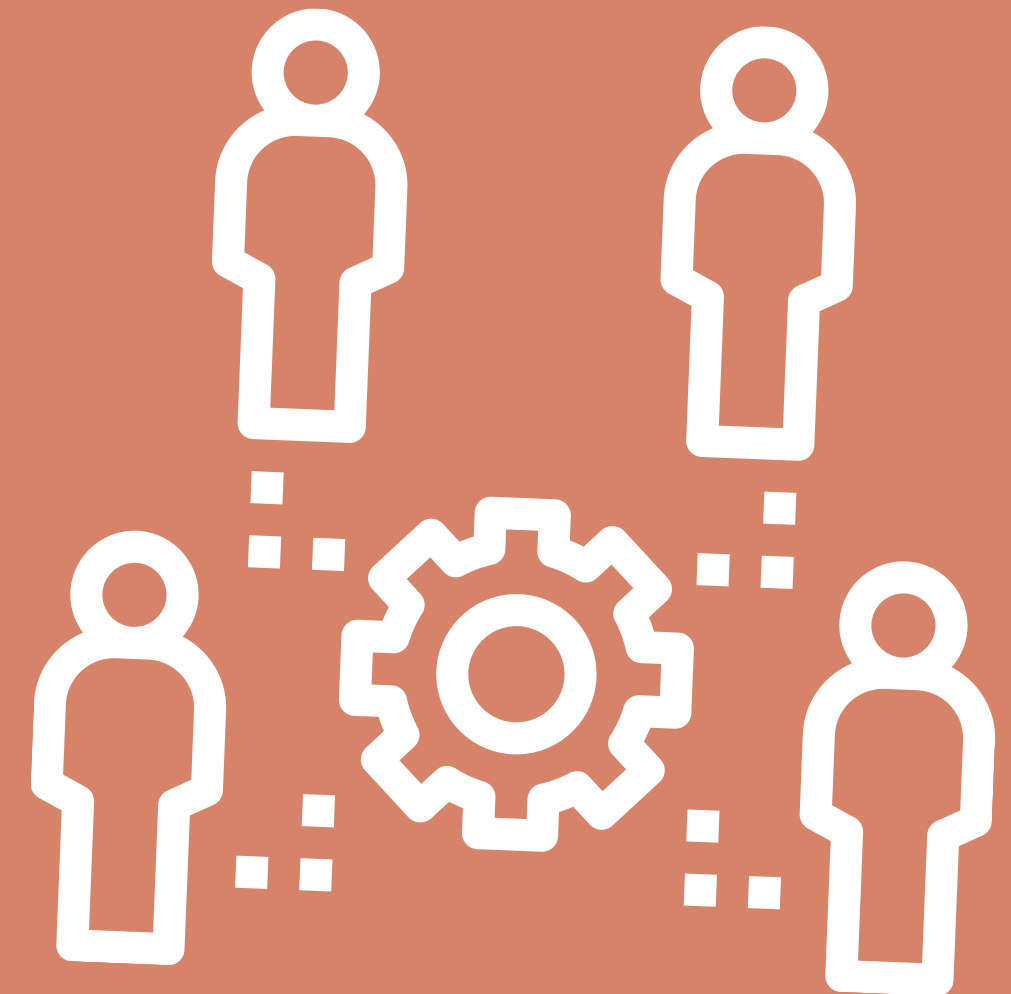
- ✓ Practical clothes for different weather forecasts; Comfortable shoes for walking;
- ✓ Personal hygiene things
- ✓ Medicine you usually take
- ✓ Towel
- ✓ Pocket money for personal expenses;
- ✓ Brochures and other materials about your organization;
- ✓ Good mood
- ✓ Inspiration for future projects



# PARTICIPANTS

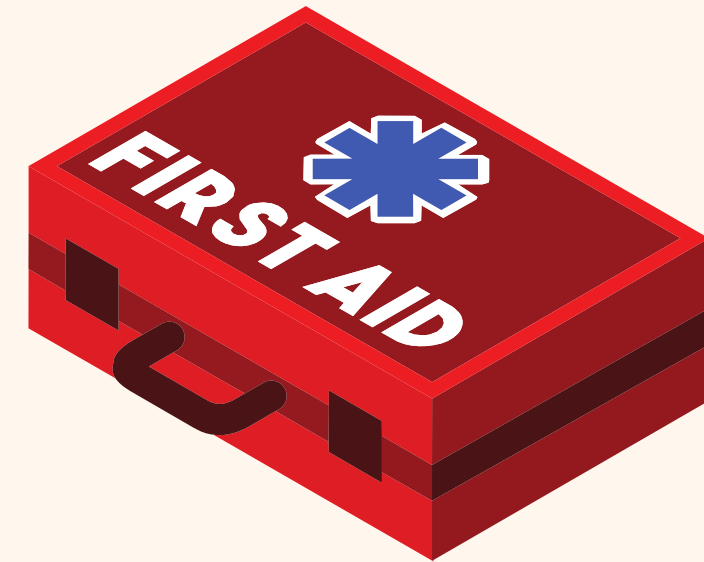
## ROLE AND DUTIES

- Presentation of the sending organization - what are the activities of the NGO and HOW THE NGO TACKLES INCLUSION
- Energisers
- Good practices and games on inclusion
- Traditional national food and/or presentation of your country for the intercultural night



# The medical emergency issue

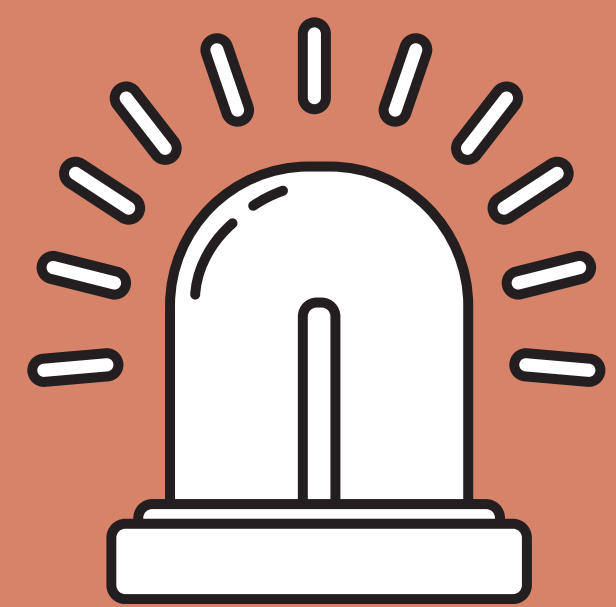
There will be a first aid kit on the site  
The trainers will indicate where you can find it.



Nearest pharmacy to the projects' venue :  
Pl. Edouard Bouillères, 31100 Toulouse,  
France

If you need to see a specialist, contact Roxana to help you out with getting an appointment.

# Emergency contacts



For any problem related to the project:

Andrian Roxana : +33.6.02.71.67.60

For any problem related to the accomodation:

PEP 31 : +33.5.61.44.35.59

European no : **112**

Health (SAMU) : **12**

Police : **17**

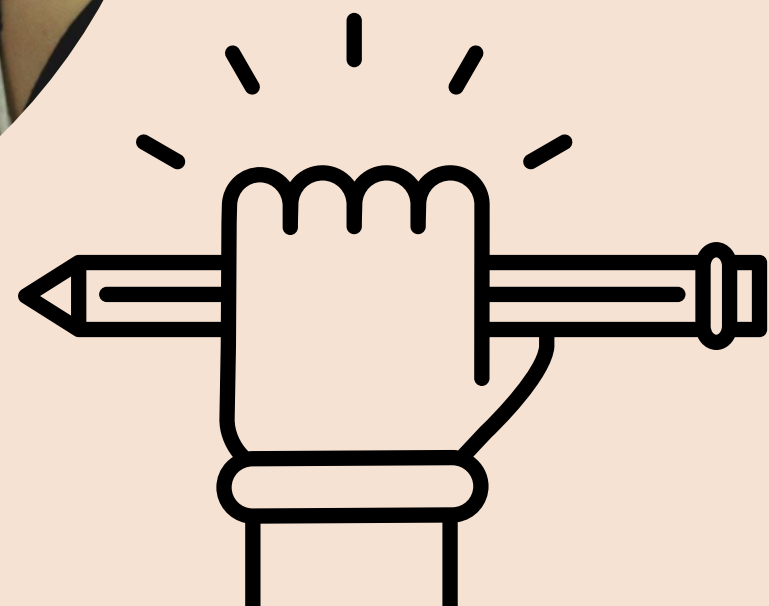
Firefighters : **18**

# TRAINERS

DELILA NAKIB



ANDRIAN ROXANA

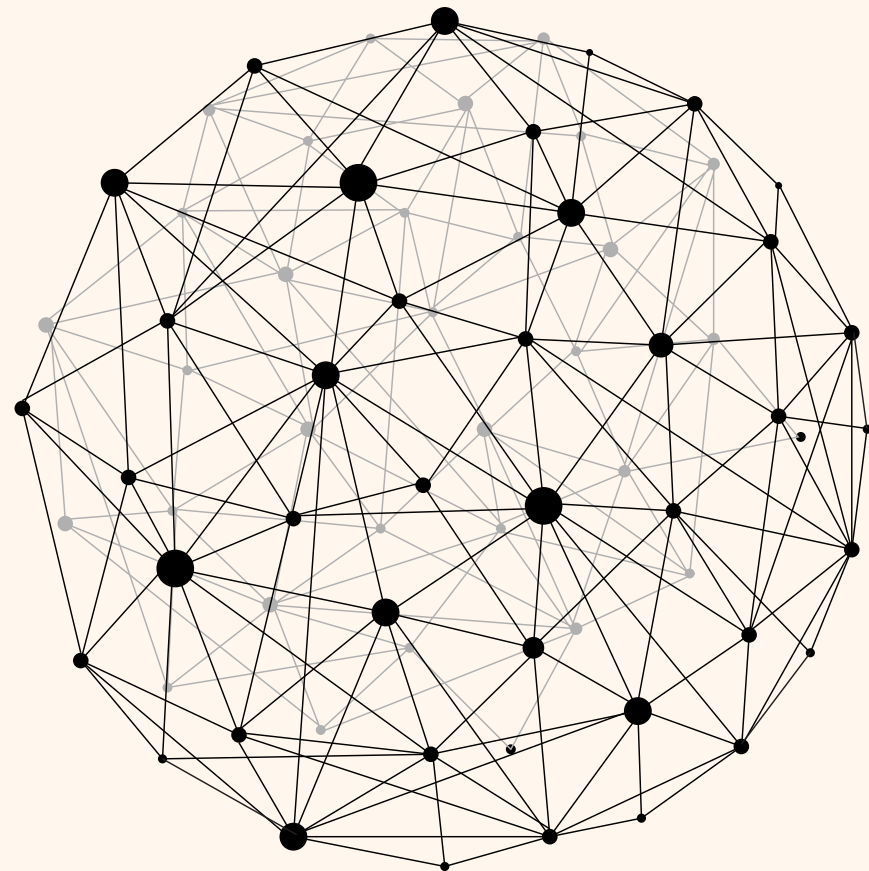


# ACTIVITIES

- Workshops on inclusion
- Share of practices
- Workshops on future projects
- The fair of NGOs working on inclusion
- Intercultural nights
- Non-formal games



# THE PARTNERS



JEUNES  
EUROPÉENS  
TOULOUSE

Youth association  
working on raising  
awareness on EU



**EKVALIS**

Youth association  
working on the  
rights of LGBTQI+



Youth association  
working on  
inclusion of  
NEETS



# Legal mentions



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