## **Partner Identification Form - Active Women Association**

PIC NUMBER	945266941
Organisation ID	E10030318
FULL LEGAL NAME (NATIONAL LANGUAGE)	Stowarzyszenie Aktywne Kobiety
FULL LEGAL NAME (LATIN CHARACTERS)	Stowarzyszenie Aktywne Kobiety/Active Women Association
ACRONYM	AWA
NATIONAL ID (IF APPLICABLE)	Regon 277815291, KRS 0000092308 / registration No/
TAX NUMBER	PL6443093989
DEPARTMENT (IF APPLICABLE)	Transnational Cooperation
ADDRESS	3 Maja Street 11
COUNTRY	Poland
REGION	Silesia
P.O. BOX	NA
POST CODE	41-200
CEDEX	N/A
CITY	Sosnowiec
COUNTRY	Poland
WEBSITE	www.aktywnekobiety.org.pl
EMAIL	youth.awa@gmail.com
TWITTER	https://twitter.com/aktywne_kobiety
FACEBOOK	Stowarzyszenie Aktywne Kobiety, More FB listed below - in the dissemination section
TELEPHONE 1	0048 606976474- office
TELEPHONE - contact person	Monika Sobańska - 0048 602314431
FAX	N/A

### C.2.1. PROFILE

TYPE OF ORGANIZATION	Non governamental organization/association/social enterprise		
IS THE PARTNER ORGANIZATION A PUBLIC BODY?	□YES <u>□NO</u>		
IS THE PARTNER ORGANIZATION A NON-PROFIT?	□ <u>YES</u> □NO		

#### **LEGAL REPRESENTATIVE**

TITLE	Mrs
GENDER	Female
FIRST NAME	Halina
FAMILY NAME	Sobańska
DEPARTMENT	Board
POSITION	president
EMAIL	sobanska.halina1@gmail.com
TELEPHONE 1	+48 660748534

#### C.2.5. CONTACT PERSON

TITLE	Miss
GENDER	Female
FIRST NAME	Monika
FAMILY NAME	Sobańska
DEPARTMENT	International Cooperation
POSITION	Erasmus+ Project Coordinator
Email:	youth.awa@gmail.com
TELEPHONE 1	0048 602314431

IF THE ADDRESS IS DIFFERENT FROM THE ONE OF THE ORGANIZATION, PLEASE FILL IN THE FIELD BELOW - the same address

#### **C.2.2. ACCREDITATION**

European Solidarity Corps Quality Label Accreditation type: Sending, Coordinating

Accreditation reference number: 2019-1-PL01-ESC52-077468

#### **C.2.3 BACKGROUND AND EXPERIENCE**

Please briefly present the partner organisation (e.g. its type, size, scope of work, areas of specific expertise, specific social context and, if relevant, the quality system used).

Active Women Association /since 2002/ is a non-governmental non-profit organization that acts locally and internationally for gender equality, active citizenship, empowerment and social inclusion of different vulnerable groups endangered with the thread of social exclusion /youth, seniors, women, disabled, migrants/.

Main types of actions: non-formal education /trainings,workshops/, social&media campaigns, networking&coalitions, strategic learning partnerships of the NGO staff, lobbying, advocacy, counselling, local community building, structure dialogue and promotion of volunteering.

Since 10 years we have been engaged in European and transnational projects and partnerships in favour of fostering civic changes by the means of innovative non-formal education, strategic partnerships of education staff /youth and adults/, exchange of experiences, European Voluntary Service and European Solidarity Corps, senior volunteering and civic participation projects, job-shadowings, contact making seminars, training courses, youth exchanges, capacity building projects in the field of youth.

We are involved in social media campaigns to raise an awareness of relevant social issues, e.g intolerance, violence, discrimination, radicalisation, racism, inequality.

We are strongly engaged in intercultural activities and intercultural journeys, since 10 years we have run our empowering outdoor projects in North Africa /Morocco/, Asia /Indonesia/, Scandinavia and Europe. We were working in Madeira Island and Afghanistan.

Another field of our interest is self-development, empowerment and personal grow, especially performed outdoor. We motivate people to discover their life's mission, to find their true Self, so as they dare to walk the right paths and realize their true potential. Our goal is to raise awareness and self-awareness about healing connection with nature, as well as an awareness of being interconnected with people all around the world, as one "tribe" or community.

We managed to establish many links for transnational cooperation and nowadays we cultivate fruitful partnerships and networking projects cherishing multicultural diversity.

Our headquarter is located in the Sosnowiec city center in Poland, Silesia region.

#### Our Goals:

- Youth and adult non-formal education of vulnerable groups, such as women, youth, seniors, etc
- -Increasing the participation of citizens in public, social, professional and cultural life
- -Promotion of health, especially reproductive health and healthy lifestyle
- -Fighting against stereotypes and prejudices, with particular emphasis on the rights of women, children and disadvantaged groups, prevention of the discrimination due to social status, national origin, religion, lifestyle and sexual orientation
- -Promotion of human rights and equal opportunities, rights for women and men
- -Prevention of the violence against women, girls, children and other vulnerable groups
- -Contribution to the reduction of unemployment through vocational integration and reintegration of the unemployed
- -Educational programs and campaigns that contribute to the growth of interest in social/civic activities, volunteering -Support the development of democracy and civil society by promoting the participation of citizens in the local community and creating pro-social attitudes, with particular emphasis on measures to combat exclusion and social pathologies,
- -Promotion and development of culture, creativity, arts, protection of culture and tradition, raising the level of cultural awareness and cultural competences
- Intercultural education, activities to promote dialogue between cultures and citizens in the global village
- Promotion of personal development methods: therapy, choreotherapy, music therapy and art therapy, nature awareness, mindfulness, wellbeing and wellness
- Promotion of alternative forms of leisure and ways of travelling, mindful and responsible tourism, promotion of the idea "sport for all", sport for social inclusion
- -Support for other NGOs.
- -Networking and coalitions among European and worldwide organizations

# Activities and experience of the partner organisation in the areas relevant for this application:

#### Action: Strategic Partnerships Erasmus+, LifeLong Learning Partnership Grundtvig

**Strategic Partnership KA2 Youth "Young refugees - opening doors to the future"** 2018-2019 with partners from Turkey and Spain. Exchange of good practice on the support of the immigrants and foster of their entrepreneurship skills, training in Emotional Management for immigrants.

Strategic Partnership KA2 Youth "Influencers" 2019-2021 with partners from Romania, Germany, France, Ireland. Production of innovations for the social inclusion of youth with disabilities: 1. E-Guide on social entrepreneurship for young people with disabilities, containing practical advice on how to move from an idea to a social enterprise to its practical implementation. 2. e-guide on digital competences (including social media), providing advice on how to navigate safely and efficiently in the online environment to use online resources and feel confident in the virtual world; 3. a training programme introducing a best practice guide on inclusion of people with disabilities (for youth workers). 4.Friendly online zone - for those young entrepreneurs who will decide to have a career in the Internet.

**Strategic Partnership KA2 Youth "Youth Steps against Power Abuse"** 2019-2021 with partners from Romania, Estonia, Spain, Italy. Exchange of good practices in the topic on how to prevent power abuse imposed on youth.

**Strategic Partnership KA2 Youth "Counteracting Power Abuse"** 2018-2020 with partners from Romania, Spain, Hungary and Italy. Exchange of good practices in the topic of counteracting different social oppressions.

Strategic Partnership KA2 Adult "Breaking the silence - fight against the violence and abuse of women" 2018-2020 with partners from Romania, Spain, Hungary and Italy. Exchange of good practice on the prevention of gender-based violence. Digital Storytelling tools. Video: <a href="https://www.youtube.com/watch?v=Z55wOG5jsPs">https://www.youtube.com/watch?v=Z55wOG5jsPs</a>

Strategic Partnership KA2 Youth "Dreaming, designing, acting and celebrating Erasmus+ projects" 2017-2019, with partners from Lithuania and Spain. Exchange of good practices and innovations' production: documentary movie about Dragon Dreaming, e-book, Dragon Dreaming Training program.

Strategic Partnership KA2 Adult "Empowerment through education – gender equality and political leadership" 2015-2018 with organisations from USA, Ireland, Finland, Czech Republic, Poland. Exchange of knowledge and good practices among partners. Production of Innovations: educational GEPLE platform with resources supporting gender equality oriented leadership /www.gepleproject.eu/. Content: gender equality TOOLKIT, comparative research on the gender-oriented educational activities, e-learning courses for women in politics, relevant training courses and curriculas. Platform is very inclusive as every person who has a will to contribute to the E-platform has a chance to become registered USER and Author of the content. In this way E-platform is living, vivid IT tool and literally OPEN Educational Resource for everyone, promoting gender equality in Europe.

LifeLong Learning Partnership LLP Grundtvig "Let's make politics female – educational activities enhancing women participation in public life" 2010-2012 with organisations from Finland, Czech, Greece.

#### Action: Capacity Building in the field of youth Erasmus+

**2016-2017** "Young female leaders change the world" learning partnership between USA, Polish and Afghan youth organizations; activities: 1 month long trainings of non-formal education for young female leaders of democratic changes in Afghanistan /Kabul/, networking with local activists and democratic journalists, exchange of experience with youth education staff and civic activist in Kabul; "Sisters" documentary movie about women empowerment in Afghanistan, training manual, good practice catalogue "Women empowerment in Afghanistan".

#### Action: Consortium POWER Program - workshop for adult staff of the organisations

"Europe without Borders" 2019-2020. 1-week long training for the adult organisation staff of the 5 organisations about *Emotional Management* - effective method of support to immigrants and refugees"

#### Action: European Voluntary Service / European Solidarity Corps

2012-2020: coordination of 7 projects in Poland - 40 volunteers from EU and neighbouring countries. The project involves volunteers working in special needs schools, cultural institutions and democratic/alternative schools in Poland. They introduce methods of non-formal education in work with fewer opportunities youth.

2012-2020; 85 Polish EVS/ESC volunteers has been sent by Active Women Association abroad to do voluntary service in other partner organisations in Europe over the period of 8 years, working with youth and adults; we delivered them preparation trainings, mentoring, care during their stay abroad, after-arrival support and the bridge to the labour market.

#### **Action: Local Solidarity Projects - European Solidarity Corps**

"Move on! - change the world" 2019 - youth initiative run during 5 summer art-music festivals in Poland. Activities: Civic education and promotion of European opportunities for youth. Prevention of social problems: racism, discrimination, power abuse. Networking among youth.

"Discrimination-free zone" 2020" - youth project against sexual orientation violence, women violence, xenophobia and unwanted behaviours in public space. Group of youngsters wrote project to engage local community for the changes in favour of tolerance. Activities: civic engagement, youth participation, involvement people with fewer opportunities. Prevention of social issues: xenophobia, discrimination because of sexual orientation, gender violence, civic ignorance.

#### Action: KA1 Training Courses and Youth Exchanges - we were partners in 25 project.

"DANCE: Healthier Lifestyles For youth" - 2020. The main objective of the project is therefore to provide youth workers a series of tools, knowledge and exchange of dynamics to create healthy and collaborative spaces to prevent depression. Project's main activity is a training course composed of 10 modules about tools for the creation of healthy and collaborative spaces for young people. The course last 7 days and takes place in Spain.

#### **Action: Youth Initiatives - Youth in Action**

"The giraffe language - language of the heart" 2013-2014 - promotion of non-violence communication / NVC/ among young people in Sosnowiec city, according to Marshall Rosenberg method NVC. Trainings, regular Empathy Group practicing NVC method.

"Kinoko - Socially Engaged Film Club" 2009 - a series of film screening and discussions for local youth. Aimed to encourage young people to get to know the social problems associated with: gender equality, sexual minorities, cultural and religious differences, refugees and migrants, trafficking.

#### Action: Long Life Learning Program Grundtvig - Senior Volunteering projects

"Empowered women change the world" 2013-2015. 5 weeks-long exchanges of 12 senior women 50+ and their voluntary work in favour of local community in Active Women Association in Poland and Anafi Association in Rome /Italy/.

#### Action: Long Life Learning Program Grundtvig Workshops for Adult Learners

"Decided, so I'm - empowerment of women over 50 years old" 2012. Training for the women to enhance their competences in public life. Held in Beskidy Mountains in Poland. 18 participants from 8 countries.

#### Topic: Senior Empowerment Projects for local community funded by Polish Ministries, local/regional funds

Since 2013 we implemented many local projects for the empowerment of senior citizens 60+ in public life. We facilitated setting of the Senior Council in Sosnowiec city and now we are coordinating setting of 8 Seniors Clubs. We deliver them trainings, seminars, NGO *know-how*, mentorship and support in running socially engaged activities for local community in

our region. We organised few Senior Balls with the participation of 78-year old DJ VIKA, senior city graffiti action, senior bike participation, senior hikes in the mountains, arte therapeutic action "About the seniors who grew the wings". We organise English classes for active seniors.

# Topic: Women empowerment projects local community funded by Polish Ministries, local/regional funds

"Female Face of Politics – enlargement of women political networking in Silesia Region", "Women elections, women decisions"

Since 2002 we implemented several projects and programs for women empowerment in public life and gender equality. We trained intensively women politicians to be, facilitated their electoral campaigns. We created network of women in politics and among its members are city and regional counsellors, senators and MPs - 200 women in positions. We wrote the manual "How to be a women in politics", created few training scripts and curricula for equality of women in public life. We run few international conferences and regional seminars upon the promotion of women in public life and gender equality.

2007 - We co-organised locally in Silesia nationwide equality campaigns and street happening so as to appreciate women housework and estimate its value in terms of money/income "Done - appreciated - many worth"

2005-2008 - organisation of **Academy of Female Leaders and Animators** for the group of 50 civic activist in Silesia region. 1 years project with ten 2-days trainings on project management, conflict resolution, cooperation with local community, teamwork, leadership, gender trainings, self-development workshops.

2009 - "For the common integration - support of local rural activists in Brenna commune" - the project was aimed at rural leaders in the commune of Brenna. It included a series of five two-day workshop, during which participants gained knowledge on how to mobilize community residents and encourage them to act. The workshops were devoted to raise of skills and development of leadership for effective cooperation, innovative methods of social change. Project was co-financed by the European Union under the European Social Fund.

2016-2019 - organisation of **Women Congress in Silesia** region in Poland. Activities: lectures on women issues, workshops, round tables, movie screenings, social theatre, dance events and celebrations, expert panels, IT panels. Number of participants: 2800.

2004 - Project "Network of gender equality plenipotentiaries" 2004. Objective: to build a network of local plenipotentiaries for equal status based on the German experience. Activities: workshops, seminars, information trip to Brussels and North Rhine-Westphalia to exchange experiences. Partners: House for Polish-German Cooperation, Silesian Voivodeship Plenipotentiary for Equal Opportunities.

#### Topic: Professional development and empowerment on the labour market

2005 - project "Cheer up. Integration and reintegration of women the labor market "- PHARE 2002 Economic and Social Cohesion Development of Human Resources. Project aimed at the integration and reintegration of women endangered with social exclusion on the labour market. 220 participants got the trainings, mentoring, coaching and support in job finding.

2005 - 2008 - Partnership for Development **"FENIX - strengthening the social economy"**, under the EQUAL EU Initiative. Project with the three partners from Poland and 5 partners from EU. The project created in Silesia 7 social cooperatives for the unemployed or threatened by unemployment due to maternal or paternal duties.

2008 - "Choose the third sector and work with passion!". Project aimed to encourage young people - mostly students and graduates of the Silesian University - to work in associations and foundation, and showed that the professional work for non-governmental organizations can be creative, satisfying and socially relevant. Activities: meetings and presentations at universities in Silesia, workshops/trainings on project planning and management of social change. 90 participants. This was followed by planning of community projects. The project was co-financed by the European Union under European Social Fund / EQUAL/.

2009 - "Working mother, still loving mum" - a project for mothers returning to work after giving birth and raising a child. The project participants could benefit from various forms of support - motivational workshops, individual consultation with the guidance counselor and psychologist, training in time management, problem-solving, negotiation, reconciliation of social

and professional, personal development. A childcare was provided. 230 women has attended in a series of workshops. The project was co-financed by the European Union under the European Social Fund.

#### Topic: Prevention of gender-based violence

2015-2020 - organization of the local edition of **dancing social action "ONE BILLION RAISING".** One Billion Rising is the biggest mass action to end violence against women in human history. The campaign, launched on Valentine's Day 2012, began as a call to action based on the staggering statistic that 1 in 3 women on the planet will be beaten or raped during her lifetime. With the world population at 7 billion, this adds up to more than ONE BILLION WOMEN AND GIRLS. On 14 February each year, people across the world - and in Sosnowiec city as well - came together to express by dancing their outrage, strike and RISE in defiance of the injustices women suffer, demanding an end at last to violence against women. In Sosnowiec each year Active Women Association organizes in cooperation with local high schools and citizens dance civic action with around 400 hundred of participants.

https://www.youtube.com/watch?time\_continue=13&v=TEDAOL2QBhc&feature=emb\_logo

2004-2008 "Eyes wide open- prevention of violence against women and girls", as a part of <16 Days Action against Gender Violence> co-financed by Ministry of Labour and social Affair in Poland and Women Fund. The aim was to weaken violence against women and girls in Silesia through non-formal education, street happenings and counselling by strengthening the feeling of safety and promotion of anti-violence attitudes and assertive behavior among people being in the risk of violence group. Target group: 50 women from silesia region. Activities: trenings for self-defence and , assertiveness, manifestation/city march, media campaign.

2006-2016 - "Family Rights Information Center". The main goal was to help disadvantaged families who suffer from consequences of alcohol abuse and domestic violence by delivering them free law counseling and psychological advice by experts. Project was financed by the EEA Financial Mechanism and the Municipality of Sosnowiec. The center also run a supportive group for women in process of divorce or after divorce, and it has been disseminating information about other counselling for vulnerable groups in Sosnowiec. Total target group: 1130 people.

2004-2005 - "Safe taxi for women" - discount taxi rides for women after 10. p.m. In order to ensure safety of women returning home in the evening taxi drivers taking part in the campaign have been required to see women's home or wait until the woman reached house entrance.

2003: organisation of the seminar "Violence against women – the scale of the phenomena in Sosnowiec" as a part of <16 Days of anti-gender violence Action>. Many representatives of the Public Prosecutor's Office, of the police, of communal organizations supporting women – victims of violence, as well as the women themselves participated in the seminar.

2011 - Social campaign against domestic violence "Freedom from fear" run in the partnership with Municipality in Sosnowiec city. Project was co-financed by Ministry of Labour and Social Affair within the national programme <Support to the local communes in developing system of domestic violence prevention>. Activities: campaign in media and city outdoor; Celebration - anti-violence social dance &music festival for citizens, conference, educational movie, videoclip encouraging to act against violence: <a href="https://www.youtube.com/watch?v=U649DWBoiso">https://www.youtube.com/watch?v=U649DWBoiso</a>, video interviews with victims: <a href="https://www.youtube.com/watch?v=wBnmCy7tB91">https://www.youtube.com/watch?v=wBnmCy7tB91</a>.

2015 – organisation joined Silesian network of organizations for prevention of violence and information/counselling for victims "We React – Against Violence". <a href="https://www.mapa-reagujemy.slask.pl">www.mapa-reagujemy.slask.pl</a>.

2011-2015 Active Women Association has become a member of <Multi-Agency Interdisciplinary Team for domestic violence prevention in Sosnowiec city>. In Sosnowiec, the prevention of domestic violence is under the responsibility of the social policy department of the city, which coordinates all municipal activities in this field in coordination with a local partnership involving the various specialised departments of the municipality (education, health care, youth), the police and civil society organisations, Active Women Association among them. Special team and work group has been trained and working together with the aim of reducing domestic violence and support victims with efficient help of various agencies. Sosnowiec is also involved in the "blue card procedure", a multi-agency approach aimed at reducing and preventing domestic violence. For many years the system of multi-agency support has been developed and functioning successfully.

2006-2007 "Blue Network in Silesian and Lower Poland region" - coordination of the project in two regions in Poland. Aim:

development of the informational system and development of the network for supportive institutions to domestic violence' victims. Co-financing: PHARE 2003, grants for institutional development. <a href="www.porozumienie.niebieskalinia.pl">www.porozumienie.niebieskalinia.pl</a>.

#### **Outdoor Adventure Trips:**

- in 2016 we implemented project **«Nature Elements of Madeira Island empowerment trekking »** for 15 participants with the use of mountain therapy, deep ecology, wilderness and nature elements approach.
- 2010-2016: "Arte-Maroko women empowerment trekking to the highest peak of North Africa" /6 editions/: intercultural learning activities, grass root activities and celebrations, mindful tourism, African music&dance festival, empowerment trekking for self-development in High Atlas, artetherapy and creativity activities with locals
- 2010-2015 we implemented women empowerment project "Arte-Cycling Trip Arte Bornholm". Arte Bornholm project joins both: bike trekking across Danish Island Bornholm, art of celebration, creativity development and art therapy in outdoor. Except for wandering across the island participants created natural art in Scandinavian landscape on the cliffs, stone rings, valleys and Vikings' castles. The expedition was addressed not only to the muscles / cycling as a sport and physical activity/, but also to imagination, to people who like wandering and discovering their ability to create in nature. The project was great success.

2012-2015 - "Come back to Paradise - intercultural expedition to Bali and Gili Islands /Indonesia/". In paradise landscape of Bali and Gili Island participants experienced spontaneous dance, laugh and taste exotic tradition of places. They visit Bali Art Gallery, have massages in Spa centre, meet Shaman, see Ramayan performance, walk to Agung volcano-Gods' Mountain(3142 meters high) and visited the most important temples: Tanah Lot, Pura Luhur Uluwatu and Pura Goa Lawah. The purpose of this intercultural trip was to experience balinese mentality and magic culture, develop joy of life and sensuality.

#### Topic: New Technologies, IT projects, gamification

Every year we take part in the national conference "3.0 sector. New technologies for NGO" in Warsaw, where we learn about innovations and new technologies for our organisation.

2014-2018 - we took part in **National Women Congress** /8000 women in each event/ where we participate actively in events/panels, workshops, round tables about women in IT and innovation sector.

We take part in "Women in Technology University" in Warsaw, where we can debate and learn about IT innovations and women participation in this branch. This is great occasion to promote new IT / Gender projects, devices, solutions and ideas about promotion of women in IT. In cooperation with "Women in Tech" our colleague Natalia Habrajska had also organized meeting/workshops with professional VR designer and artist.

- 2020 onward. In the beginning of the year we set up **EDUGames Club**, that elaborates new educational games to solve social issues and raise awareness about them. The Club gathers games designers, games facilitators and youth workers willing to cooperate together for the game innovations in educational projects we run.
- -Production of Innovations: in 2018 we created **educational GEPLE platform** with resources supporting gender equality oriented leadership /www.gepleproject.eu/. Content: gender equality TOOLKIT, comparative research on the gender-oriented educational activities, e-learning courses for women in politics, relevant training courses curriculas. Platform is very inclusive as every person who has a will to contribute to the E-platform has a chance to become registered USER and Author of the content. In this way E-platform is living, vivid IT tool and literally OPEN Educational Resource for everyone, promoting gender equality in Europe.

Information on the key staff/persons involved in this application and on the competences and previous experience that they will bring to the project.

There are 11 people of regular staff working in the organisation which delivered services to 17000 clients already in the period of 19 years of operating.

**Monika Sobańska** - sociologist, social activist, international project coordinator, Vice President in years: 2005-2018; youth educator and certified NGO NFE trainer with 16 years of experience, fundraiser, university lecturer and trainer in project planning, gender equality, creativity development, NGO management, PR and dissemination. She has coordinated almost all European initiatives in Active Women Association. Staff supervisor, Coordinator for the Development of the organisation. Expertise in IT innovations for gender equality.

Halina Sobańska – president, PHD in Humanities and Political Science from Silesia University, feminist and civic activist, former teacher, non-formal education trainer, former Sosnowiec city counsellor for 25 years, local community politician with 25 years of experience. Expertise in seniors civic participation, structured civic dialogue, women in politics, gender equality and cooperation with local government.

**Anna Hetmańczyk** - EVS/ESC youth projects coordinator, MA in European Studies focused on sociology and anthropology. Interested in Central-East Europe, multiculturality and peoples' migrations issues. Has experience in working in NGO, also as an EVS former volunteer.

**Marek Pagacz** - HR and payroll specialist, has got ten years of experience working in non-governmental organizations. Volunteers' coordinator.

**Damian Łukowiak** - Specialist in promotion, dissemination and visual design. He runs information campaigns. Graduated in journalism, author and aspiring director, that debuted with his short film in 2019. Author of the books.

Martyna Leszczyńska - European Solidarity Corps youth project coordinator; graduated from the University of Łodz with a master's degree in Law. Experienced in working with a multicultural team. During her studies she was an active member of the Erasmus Student Network. As a board member, she coordinated human resources and other projects, also for foreigners. She participated in Erasmus+ student exchange in Spain - Seville. Passionate about travelling, people and culture of other countries, outdoor activities, human rights and environmental issues. She took part in a long-term EVS project in Bolivia, where she worked for human rights organisation - Asamblea Permanente de Derechos Humanos in La Paz and prepared a series of workshops on entrepreneurial skills for the indigenous women and local community.

**Lucio Pileggi** - EVS/ESC youth project coordinator. Master's degree in Social Psychology with thesis in sexist stereotypes towards women. Co-coordinated different EU projects from E+, Creative Europe and AMIF funds. Educator and cultural animator, created several educational activities through theatre techniques aimed to empower different social communities, from disadvantaged groups to prisoners, from disabled people to rural areas. Worked in 5 different countries (Guatemala, Colombia, Bulgaria, Poland and Italy) and speaks fluently 4 languages.

AWA staff attended great number of national and European trainings, seminars and meetings developing their skill and competences in training people, coaching, project coordination and management, mentoring, team management, partnership and networking, new media, ICT and finances. AWa staff includes: trainers of non-formal education, coaches and counselors, EVS mentors, European projects coordinators and managers, office staff, teachers, local youth and adult politicians, physical activity instructors, entrepreneurs, social workers, lawyers.

#### C.2.4 DISSEMINATION, IMPACT, STAKEHOLDERS.

Active Women Association (PL) will count for a wide network of public institutions in Silesia Region in Poland: Education and Community Development Commissions in Sosnowiec Municipality, Youth Council in Sosnowiec city and Katowice, Senior City Council in Sosnowiec city. We work with different municipality units, such as: Promotion City Center, Center of Volunteer Service, NGO Center. We use their resources and networks as well / mailing lists, websites, FB/.

We have been cooperating in many partnership projects with Sosnowiec Municipality, local and regional governments in Silesia Region, various Polish Ministries and national administration.

At international level, around 150 active NGOs from European countries will be contacted AWA transnational network via mailing and FB/.

AWA runs its activities in Middle East /Afghanistan/ as well cooperating with local NGOs, so there is possibility to disseminate results outside the Europe, in developing countries, especially those in need of non-formal education development

Active Women Association has important contacts and partnerships with:

	public and private universities in Poland /Silesian University in Katowice, Warsaw University, Private Humanitas University in Sosnowiec – some of the AWA staff works there/, Women in Tech University in Warsaw
٥	teachers and heads of 13 schools in Upper Silesian Metropolitan Area and all over Poland - 4 Schools of Special Needs in Sosnowiec, High School of Fine Art in Dąbrowa Górnicza, Wild Democratic School in Tychy city, Alternative Primary School "Our Good School" in Katowice city, Democratic School in Gliwice city, Democratic School "Przestrzeń" in Cracow, Foundation for the Democratic Education "Dmuchawiec" in Łodź, Free School in Warsaw, Free School Bullerbyn in Warsaw, Democratic Freeway School in Szczecin.
	We have strong links with 4 Senior Universities of the Third Age in Sosnowiec and Senior City Council in Sosnowiec, that we established with local community and senior activist 60+ /2500 senior learners/
	We cooperate with seniors leaders in local community and help to run 8 Senior Clubs reaching about 1500 people. We cooperate with Seniors Council in our Municipality of Sosnowiec / 30 senior counsellors 60+/.
0	we closely cooperates with educational organizations for non-formal education staff:  1. Academy and Schools for Trainers in Poland /STOP/ - that educate non-formal education trainers;  2. Academy of Holistic Trainers in Poland - Academy of Holistic Trainers from Poland has committed already with the will to cooperation in the dissemination of the results among their learners and trainers/workers.  /178 pax/  3. Meritum - NFE trainers schools in Katowice / network of 700 graduates/.
	organisation closely cooperates as well with other civic and educational organizations and centers with the similar aims in Poland: Opus Humanum Association, Foundation Medeina, In Situ Art Foundation, etc.
0	We are a part of the women and gender-equality organisations network in Poland: Feminoteka Foundation, National Women Congress / Kongres Kobiet- 90000 members/, Anti-discrimination Education Association, Women Space Foundation, EFKA and many more.
0	organisation will disseminate results and info about the project in a very large network of experts, youth trainers, youth workers, teachers, coaches, educators, activists, facilitators, staff of the organizations and large network of our youth learners and youth projects' participants, EVS volunteers all over the world / around 560 people/

Number of people who can be informed about results: 9000.

Number of learners since 2002: 17000.

#### **Promotion channels:**

Website: www.aktywnekobiety.org.pl / 30,000 visits monthly/

Few FB Fan Pages: / about 18400 Fans altogether/

https://www.facebook.com/StowarzyszenieAktywneKobiety/ / 5407 followers/

https://www.facebook.com/EVSinAWA/ / around 8000 followers/

https://www.facebook.com/European-Youth-Club-1477614779235345/ /111 followers/

https://www.facebook.com/seniorzysosnowiec/ / 417 seniors/

https://www.facebook.com/europeanvolunteerspoland/ / 525 European volunteers and their networks/

https://www.facebook.com/WyprawaMocy/ / 4118 people interested in travelling/

Twitter: <a href="https://twitter.com/aktywne\_kobiety">https://twitter.com/aktywne\_kobiety</a>

#### 3 Instagrams:

https://www.instagram.com/stowarzyszenie\_aktywne\_kobiety/

https://www.instagram.com/esc\_volunteers/ https://www.instagram.com/oknonaswiateks/

WORDPRESS BLOG: https://blogaktywnekobiety.wordpress.com/

Newsletter to 550 subscribers

Excellent media relations in south of Poland / direct contact with 24 journalists/

#### C.2.5. FEWER OPPORTUNITIES AND DISADVANTAGED PEOPLE

Number of disadvantaged people among our staff: 4

These people are facing:

Economic obstacles / without regular job contract, working on voluntary basis/

<u>Geographical obstacles</u> / people from remote areas, far away from big HUBs, from poor districts of the town/ <u>Educational difficulties</u> / people who left educational system without higher education, who drop out the school. <u>Health problems</u>

Social obstacles / self-sufficient mothers, people from broken families, divorced/

#### Youngsters we work with:

- 1) Since 2019 we run "European Club of Non-formal Education for youth and youth workers" with the aim of the fostering engagement in local and European youth initiatives. The Club gathers currently 90 youngsters and youth workers who are interested in social/educational/sport projects, European active NFE and are willing to engage in educational projects. Club enable youth with the opportunities of European education. In the Club there are gathered youth leaders and youth workers who participate in our youth projects, e.g. Solidarity Projects within European Solidarity Corps.
- 2) Youth of fewer opportunities from the special needs schools in Sosnowiec city these are people with light mental disability, coming from the families endangered with social exclusion, family at risk.
- 3) Youth Workers of fewer opportunities from European countries cooperating with the special needs and alternative schools in Silesia region in Poland

Has the partner organization participated in a European Union granted project in the 3 years preceding this application? If YES, Please indicate / granted - in green/:					
EU Programme / Key Action	Grant obtained as Applicant				
Erasmus+, KA105 2021 2020-3-FR02-KA105 -018497 Jeunes européens Toulouse Include.eu					
Erasmus+, KA105					

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Erasmus+, KA105	2020	2020-3-ES02-KA105 -016444	Plataforma de alternativas sostenibles y solidarias, PASOS	Enfoques útiles para que los jóvenes se enfrenten al abuso de poder	
Erasmus+, KA105	2020	2020-1-LV02-KA105 -003100	Jaunatnes attistibas un sadarbibas multikulturala apvieniba	Shine your light	
Erasmus+, KA105	2020	2020-1-FR02-KA105 -017339	BIGBOSS PROJECT	Youth creating opportunities together	
European Solidarity Corps, Solidarity Projects	2020	2020-2-PL01-ESC31-0 82729	Stowarzyszenie Aktywne Kobiety	NVC - Język żyrafy: powiedz NIE przemocy.	
European Solidarity Corps, Volunteering	2020	2020-1-PL01-ESC11-08 0909	Stowarzyszenie Aktywne Kobiety	Działanie młodzieży dla kreatywnego uczenia się i rozwoju III	133336 Euro
Erasmus+ KA204	2020	KA204-77F191FD	Asociaţia A.S.E.L. RO.	"Women in Charge - Creative ways to self-employment"	
Erasmus+ Sport KA205	2020	Appl:623110-EPP-1-20 20-1-PL-SPO-SSCP	Stowarzyszenie Aktywne Kobiety	EURO-SAIL-youth empowering through sport and nature	
Erasmus+ KA204	2020	Form ID: KA204-721B6672 Submission ID 1645742	European Learning Network Ltd, UK	EM-MA: EMotional MAnagement exercises for adults	
Erasmus+KA105	2020	2019-3-RO01-KA105-07 8076	CENTRUL DE FORMARE SI EVALUARE IN ASISTENTA SOCIALA (CFCECAS)	TC: EMPOWER	
Erasmus+ KA105	2020	2020-1-PL01-KA105-07 9885	Stowarzyszenie Aktywne Kobiety	DANCE: Healthier Lifestyles For youth, KA1 Youth	20826 Euro
European Solidarity Corps	2020	2020-1-PL01-ESC31-08 0528	Stowarzyszenie Aktywne Kobiety	Strefa wolna od dyskryminacji /Discrimination-free zone/	6888 Euro
ESC	2020	Appl: 2020-1-PL01-ESC31-08 0924.	Stowarzyszenie Aktywne Kobiety	Rusz się - zmieniaj świat II	
European Solidarity Corps	2020	2020-1-PL01-ESC11-08 0899	Stowarzyszenie Aktywne Kobiety	Solidarna młodzież - wolna edukacja szansą wzmocnienia	156 280 Euro

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				demokracji w Europie	
Erasmus+	2019	2019-3-PL01-KA205-07 7633	Stowarzyszenie Aktywne Kobiety	Youth FEELm: emotional management film for youth workers	
European Solidarity Corps, Solidarity Project	2019	2019-1-PL01-ESC31-06 4747	Stowarzyszenie Aktywne Kobiety	Rusz się, zmieniaj świat - ESC solidarity project	4888 Eur
Erasmus+	2019	2019-1-PL01-KA205-06 2772	Stowarzyszenie Aktywne Kobiety	Młodzież przeciwko nadużyciom władzy - KA2 Youth Strategic Partnership	100940 Euro
Erasmus+	2019	2019-2-IE01-KA105-05 1587	DEVELOPMENT PERSPECTIVES COMPANY LIMITED BY GUARANTEE	TC Games 4 The Goals	
Erasmus+	2019	KA205-CAF04E39	Jugendförderverei n Parchim/Lübz e.V.	Influencers - Online social entrepreneurship to foster inclusion of young people living with a disability or a long-term health condition. Strategic Partnerships for youth (KA205)	
Erasmus+Ka105	2019	2018-3-UK01-KA105-05 9907	One Terrene International	YoungSTARS 2	
Erasmus+Ka105	2019	2018-3-IT03-KA105-01 4804	Cooperativa Sociale Muovimente	TC Make Games, not War	
Erasmus+	2019	2019-1-PL01-KA104-06 2643.	Stowarzyszenie Aktywne Kobiety	TC Europe without Borders	31386 Eur
Erasmus+	2019	KA105-683693AA	Asociación cultural y medioambiental Permacultura Cantabria	Youth exchange: tools for the future, Youth mobility (KA105)	
Erasmus+	2019	KA105-BDBCC11C	NARODNO CHITALISHTE BADESHTE SEGA 2006	Youth for Peace, Youth mobility (KA105)	
Erasmus+	2019	KA105-609E2EEC	TDM2000 POLSKA	Everybody is Welcome! Inclusive methods of youth work, Youth mobility (KA105)	

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Erasmus+	2019	KA105-389FF3D5	Associação Rede de Multiplicadores dos Valores Europeus	Are you moving to this sound beat? Youth mobility (KA105)	
Erasmus+	2019	KA105-3E5893CB	LUDBRESKA UDRUGA MLADIH ENTUZIJASTA	Color blind, Youth Exchange, Youth mobility (KA105)	
Erasmus+	2019	KA205-D8C0F4F9	Asociación cultural y medioambiental	Facing EverydaySexism, KA2 Youth	
Erasmus+	2019	2018-3-ES02-KA105-01 2617	Asociación cultural y medioambiental Permacultura Cantabria	Youth and Everyday Sexism: breaking gender discrimination in youth	
European Solidarity Corps, Volunteering	2019	2018-1-PL01-ESC11-06 1379	Stowarzyszenie Aktywne Kobiety	Spread the Solidarity - Armenia - Poland - Europe - European Solidarity Corps	46202.20 EUR
European Solidarity Corps, Volunteering	2019	2018-1-PL01-ESC11-06 1352	Stowarzyszenie Aktywne Kobiety	European Wings of solidarity - education for democracy development and support - European Solidarity Corps	98 008,00
Erasmus+	2018	2018-1-DE04-KA105-01 6317	Zentralrat der Serben in Deutschland e.V.	KA1, TC, Say NO to Cyberbulling	
Erasmus+	2018	2018-2-ES02-KA125-01 1565	Associació Sant Tomàs - PARMO	European Voluntary Service KA1: Expanding Horizons	
Erasmus+	2018	2018-1-ES02-KA105-01 1088	AYUNTAMIENTO DE SORIA	MusicALL / Youth Exchange/, KA1	
Erasmus+	2018	2018-1-PL01-KA125-05 0212	Stowarzyszenie Aktywne Kobiety	"Youth action for creative learning and development II", EVS, KA1	138 986,00 EUR
Erasmus+	2018	2018-1-HU01-KA2014- 047751	Anthropolis	"Breaking the silence - fight against the violence and abuse of women", KA2 Strategic Partnership Adults	
Erasmus+	2018	2018-1-ES02-KA205-01 1353	Asociación cultural y medioambiental	Counteracting Power Abuse, KA2	

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			Permacultura Cantabria	Strategic Partnership Youth	
Erasmus+	2017	2017-3-ES02-KA105-01 0357	Asociación cultural y medioambiental Permacultura Cantabria	"Fostering the European Solidarity Corps", contact making seminar. KA1	
Erasmus +	2017	2017-3-BG01-KA105-04 6768	Association " Wings of light"	Training Course, KA1	
Erasmus +	2017	2017-2-PL01-KA205-03 9157	Stowarzyszenie Aktywne Kobiety	Dragon Dreaming Strategic Partnership, KA2	
Erasmus +	2017	2017-1-PL01-KA105-03 7432	Stowarzyszenie Aktywne Kobiety	KA1 EVS, Support Peace Building and Youth Work in IDP Settlements	
Erasmus +	2015	2015-1-PL01-KA105-01 4321	Stowarzyszenie Aktywne Kobiety	KA1, EVS	
Erasmus +	2015	2015-2-PL-EPPKA2-CBY -ACPALA	Stowarzyszenie Aktywne Kobiety	Capacity building in the field of youth, KA2	
Erasmus +	2016	2016-1-PL01-KA105-02 5579	Stowarzyszenie Aktywne Kobiety	KA1, EVS	
Erasmus +	2016	2016-1-HU02-KA105-0 01596	Teruletfejlesztok a Videkert Egyesulet	KA1, EVS	

Erasmus+ KA1 Youth Training Course

Erasmus+ KA1 Youth Exchange

Erasmus+ KA2 Youth Strategic Partnership

Erasmus+ KA2 Adult Strategic Partnership

Erasmus+ KA1 European Voluntary Service

Erasmus+ KA2 Capacity Building in the field of Youth

Erasmus+ KA1 European Voluntary Service