



Predeal, Romania

EMPOWER



Erasmus+

Partner organisations

CFCECAS Romania

Active Women Association Polonia

Butterfly Dreamer Bulgaria

SOPRO Portugalia

UCAM Spain

! Each partner will send **4** youth workers !

WHO?



CFCECAS is a non-governmental organisation opened in 2007, with a national and European reference, through the standards of Excellence practiced and good practice models developed in the field of social work projects, training programs and social services.

The main purpose of CFCECAS is to invest in human resources development, design and delivery of social services in line with EU policies, organize transfer of experience and international cooperation for the promotion of good practices.

Our mission is to improve quality of life due to the implementation of community projects for the local community, especially to disadvantaged youth, as well as offering operational and financial support for social workers that work in the community services, developing institutional capacity of local government, develop innovative answer to the community problems, facilitate the public-private partnerships, growth people knowledge and skills and organizing seminars, workshops, consulting, research and trainings.

WHO?



AIM: Development of essential competences and alternative methods to prevent and combat violence in the local communities

OBJECTIVES:

- OS1: Develop the specific skills needed to recognize the signs of various forms of domestic violence (physical, emotional, financial and social), in the family and in young couples
- OS2: Strengthen the sense of initiative and critical thinking for the 20 participating practitioners, in order to prevent and combat domestic violence among young people;
- OS3: Support the transfer of skills needed in case of direct contact with cases of domestic violence (active listening, paraphrasing, summarizing, feedback, aspects of nonverbal language, etc.);
- OS4: Developing the organizational capacity of partner associations in the field of preventing and combating domestic violence, as well as in transnational projects



Participants profile:

- Has experience in youth work;
- Is currently working directly with young people;
- Has expertise in working with people from vulnerable groups;
- Is eager to gain specific competences on preventing and combating violence;
- Wants to extend their professional network;
- Is able to participate to local dissemination events;





WHERE?



The closest airport to Predeal is **Bucharest Henri Coanda Airport**. From there you need to take a train from Bucharest North Train Station to Predeal. Please inform the organisers about the details of your travel, so they can arrange all logistical matters.

BUDGET:

- **Romania:** 180 EUR
- **Bulgaria:** 180 EUR
- **Poland:** 275 EUR
- **Spain:** 360 EUR
- **Portugal:** 360 EUR

Reimbursement rules:

Please keep all your travel documents (train/bus tickets, airplane check-ins etc.). The reimbursement will be done based on the invoices/tickets as a proof of travelling. All partners will be reimbursed the first month after the project.

Please prepare all the necessary documents and send them to contact@cfcecas.ro prior to your travel.

TRAVEL



Day	Morning	Afternoon	Evening
0	/	Arrival/ Security rules and conduct within the project	Welcome party
1	Introduction	Brainstorming – domestic violence Youthpass and Erasmus+	Reflection group Multicultural evening
2	International coffee. Types of violence	The effects of domestic violence on the community	Reflection group Multicultural evening
3	Development of soft skills- Active listening/ Paraphrasing and summarizing	Development of soft skills: feedback/ Non- verbal communication	Reflection group Multicultural evening
4	Attachment. #metoo campaign Healthy relationships	Stakeholders meeting Resilience of the victims	Reflection group Multicultural evening

5	Info pack – types of violence Causes of violence	Info pack - effects / consequences of violence/ existing services in each country	Free night / Games night
6	Follow up	Evaluation	Goodbye party
7	Departure		